

# THE RESURRECTION OF OUR LORD

## Christ Is Risen! He Is Risen, Indeed!

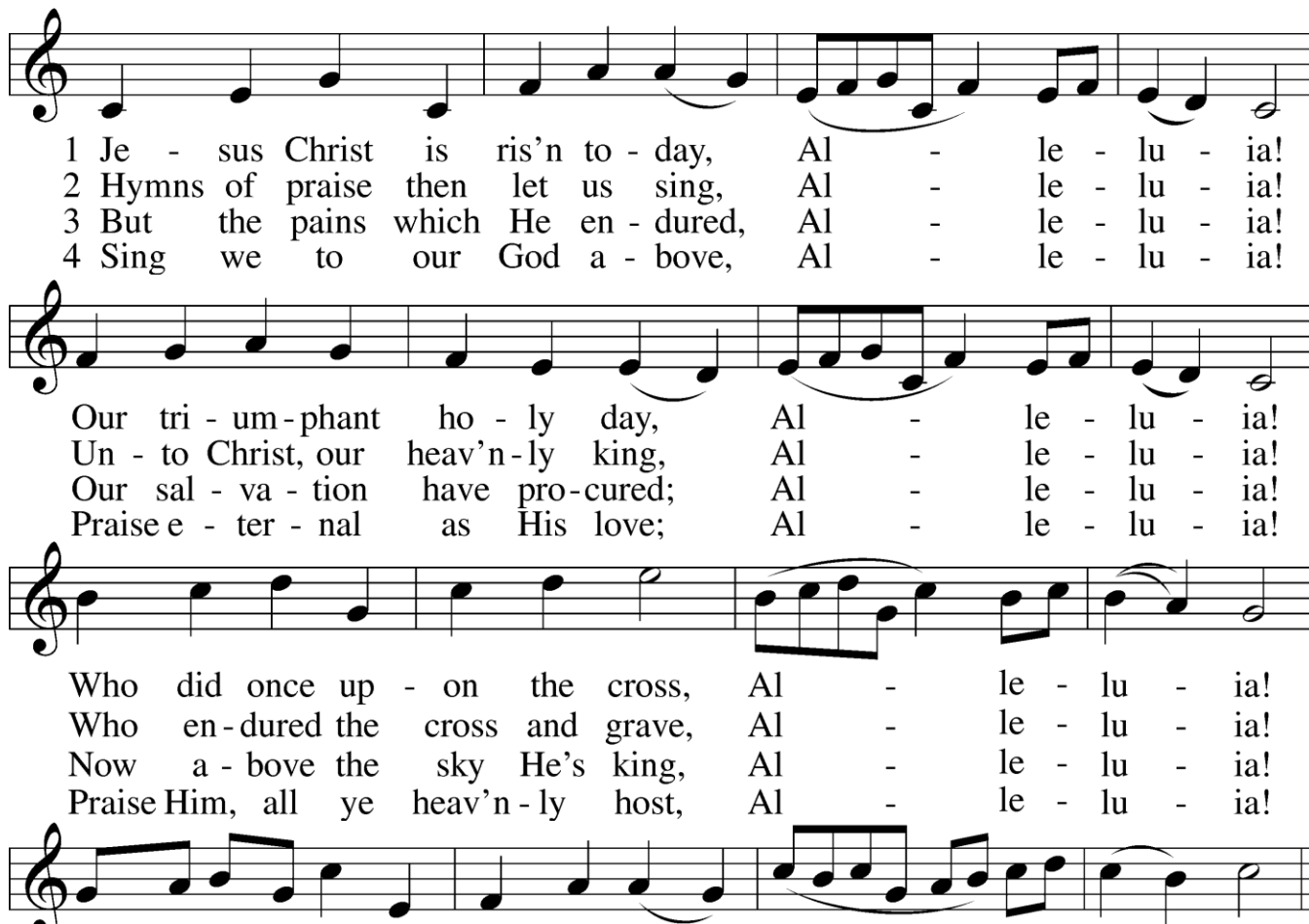
**April 17, 2022**

The Festival of Easter is the high point of our faith and worship life. The resurrection of Jesus proclaims victory over sin's most dreaded consequence - death.

Silent prayer in preparation for worship: O God, for my redemption you have given your only-begotten Son to the death of the cross, and by his glorious resurrection you have delivered me from the power of the enemy. Therefore grant that all my sin may be drowned through daily repentance and that day by day I may arise anew to live before you in righteousness and purity forever. Amen.

**The Announcement**      *adapted from 2 Timothy 1:10 & Psalm 118*

- L** Christ is risen! Alleluia!
- C** **Christ is risen indeed! Alleluia!**
- L** Christ has destroyed death. Alleluia!
- C** **And has brought life and immortality to light through the Gospel. Alleluia!**
  
- L** The Lord is my strength and my song. Alleluia!
- C** **He has become my salvation. Alleluia!**
- L** I will not die, but live. Alleluia!
- C** **I will proclaim what the Lord has done. Alleluia!**
- L** Glory be to the Father, and to the Son, and to the Holy Spirit;
- C** **as it was in the beginning is now and will be forever. Amen.**
  
- L** I will not die, but live. Alleluia!
- C** **I will proclaim what the Lord has done. Alleluia!**
- L** Christ is risen! Alleluia!
- C** **Christ is risen indeed! Alleluia!**



1 Je - sus Christ is ris'n to - day, Al - le - lu - ia!  
 2 Hymns of praise then let us sing, Al - le - lu - ia!  
 3 But the pains which He en - dured, Al - le - lu - ia!  
 4 Sing we to our God a - bove, Al - le - lu - ia!

Our tri - um - phant ho - ly day, Al - le - lu - ia!  
 Un - to Christ, our heav'n - ly king, Al - le - lu - ia!  
 Our sal - va - tion have pro - cured; Al - le - lu - ia!  
 Praise e - ter - nal as His love; Al - le - lu - ia!

Who did once up - on the cross, Al - le - lu - ia!  
 Who en - dured the cross and grave, Al - le - lu - ia!  
 Now a - bove the sky He's king, Al - le - lu - ia!  
 Praise Him, all ye heav'n - ly host, Al - le - lu - ia!

Suf - fer to re - deem our loss. Al - le - lu - ia!  
 Sin - ners to re - deem and save. Al - le - lu - ia!  
 Where the an - gels ev - er sing. Al - le - lu - ia!  
 Fa - ther, Son, and Ho - ly Ghost. Al - le - lu - ia!

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**L** In the name of the Father and the Son and of the Holy Spirit.

**C** Amen.

**L** O Lord, open my lips,

**C** and my mouth will declare your praise.

**L** Make haste, O God, to deliver me;

**C** make haste to help me, O Lord.

**L** Since we have gathered to hear God's Word, let us consider our unworthiness and confess before God and one another that we have sinned in thought, word, and deed, and that we cannot free ourselves from our sinful condition. Together as His people let us take refuge in the infinite mercy of God, our heavenly Father, seeking His grace for the sake of Christ, and saying:

**C** God, be merciful to me, a sinner, forgive me my sins, and lead me to everlasting life. Amen.

**L** Almighty God, merciful Father, in Holy Baptism You declared us to be Your children and gathered us into Your one, holy Church, in which You daily and richly forgive us our sins and grant us new life through Your Spirit. Be in our midst, enliven our faith, and graciously receive our prayer and praise; through Your Son, Jesus Christ, our Lord.

**C** Amen.

**Introit** Exodus. 15:2a, 6, 13, 17–18; antiphon: Exodus. 15:1b

**L** I will sing to the Lord, for he has triumphed gloriously;  
the horse and his rider he has thrown into the sea.

**C** **The Lord is my strength and my song,  
and he has become my salvation;**

**L** Your right hand, O Lord, glorious in power,  
your right hand, O Lord, shatters the enemy.

**C** **You have led in your steadfast love the people whom you have redeemed;  
you have guided them by your strength to your holy abode.**

**L** You will bring them in and plant them on your own mountain,  
the place, O Lord, which you have made for your abode,

**C** **the sanctuary, O Lord, which your hands have established.  
The Lord will reign forever and ever.**

**Glory be to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning, is now, and will be forever. Amen.**

**L** I will sing to the Lord, for he has triumphed gloriously;  
the horse and his rider he has thrown into the sea.

## Kyrie

**L** O Lord, **C** **Have Mercy on us.**

**L** O Christ, **C** **Have Mercy on us.**

**L** O Lord, **C** **Have Mercy on us.**

## Gloria in Excelsis ~ Glory to God in the Highest

**L** Glory to God in the highest, and peace to his people on earth.

**C** **Lord God, heavenly King, almighty God and Father: We worship You, we give You thanks, and we praise You for Your glory.**

**L** Lord Jesus Christ, only Son of the Father, You are Lord and God, You are the Lamb of God:

**C** **Lord Jesus Christ, You take away the sin of the world; have mercy on us.**

**L** Lord Jesus Christ, You are seated at the right hand of the Father; and we ask you to graciously receive our prayer.

**C** **For You alone are the Holy One,  
You alone are the Lord,  
You alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father. Amen.**

## Collect of the Day

**L** Let us pray: Almighty God the Father, through your only-begotten Son Jesus Christ you have overcome death and opened the gate of everlasting life to us. Grant that we, who celebrate with joy the day of our Lord's resurrection, may be raised from the death of sin by your life-giving Spirit; through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

**C** Amen.

## Isaiah 25:6–9

- <sup>6</sup>On this mountain the LORD of hosts will make for all peoples  
a feast of rich food, a feast of well-aged wine,  
of rich food full of marrow, of aged wine well refined.  
<sup>7</sup>And he will swallow up on this mountain  
the covering that is cast over all peoples,  
the veil that is spread over all nations.  
<sup>8</sup>He will swallow up death forever;  
and the Lord GOD will wipe away tears from all faces,  
and the reproach of his people he will take away from all the earth,  
for the LORD has spoken.  
<sup>9</sup>It will be said on that day,  
“Behold, this is our God; we have waited for him, that he might save us.  
This is the LORD; we have waited for him;  
let us be glad and rejoice in his salvation.”

**L** This is the Word of the Lord.

**C** Thanks be to God.

## Gradual: adapt. from Matthew 28:7; Hebrews. 2:7; Psalm. 8:6

- L** Christ has risen from the dead.  
**C** God the Father has crowned him with glory and honor,  
**L** He has given him dominion over the works of his hands;  
**C** He has put all things under his feet.

## Psalm 16

- L** <sup>1</sup>Preserve me, O God, for in you I take refuge.  
**C** <sup>2</sup>I say to the LORD, “You are my Lord; I have no good apart from you.”  
**L** <sup>3</sup>As for the saints in the land, they are the excellent ones, in whom is all my delight.  
**C** <sup>4</sup>The sorrows of those who run after another god shall multiply;  
their drink offerings of blood I will not pour out or take their names on my lips.  
**L** <sup>5</sup>The LORD is my chosen portion and my cup; you hold my lot.  
**C** <sup>6</sup>The lines have fallen for me in pleasant places; indeed, I have a beautiful inheritance.  
**L** <sup>7</sup>I bless the LORD who gives me counsel; in the night also my heart instructs me.  
**C** <sup>8</sup>I have set the LORD always before me; because he is at my right hand, I shall not be shaken.  
**L** <sup>9</sup>Therefore my heart is glad, and my whole being rejoices; my flesh also dwells secure.  
**C** <sup>10</sup>For you will not abandon my soul to Sheol, or let your holy one see corruption.  
**L** <sup>11</sup>You make known to me the path of life; in your presence there is fullness of joy;  
**C** At your right hand are pleasures forevermore.

## 1 Corinthians 15:1–11

<sup>1</sup>Now I would remind you, brothers, of the gospel I preached to you, which you received, in which you stand, <sup>2</sup>and by which you are being saved, if you hold fast to the word I preached to you—unless you believed in vain.

<sup>3</sup>For I delivered to you as of first importance what I also received: that Christ died for our sins in accordance with the Scriptures, <sup>4</sup>that he was buried, that he was raised on the third day in accordance with the Scriptures, <sup>5</sup>and that he appeared to Cephas, then to the twelve. <sup>6</sup>Then he appeared to more than five hundred brothers at one time, most of whom are still alive, though some have fallen asleep. <sup>7</sup>Then he appeared to James, then to all the apostles. <sup>8</sup>Last of all, as to one untimely born, he appeared also to me. <sup>9</sup>For I am the least

of the apostles, unworthy to be called an apostle, because I persecuted the church of God. <sup>10</sup>But by the grace of God I am what I am, and his grace toward me was not in vain. On the contrary, I worked harder than any of them, though it was not I, but the grace of God that is with me. <sup>11</sup>Whether then it was I or they, so we preach and so you believed.

**L** This is the Word of the Lord.

**C** Thanks be to God.

### Verse of the Day: 2 Timothy 1:10b

**L** Alleluia , Alleluia. Christ Jesus abolished death. Alleluia

**C** And brought life and immortality to light through the gospel. Alleluia.

### Mark 16:1–8

**L** The Holy Gospel according to St. Mark, the 16<sup>th</sup> chapter.

**C** Glory to You, O Lord.

<sup>1</sup>When the Sabbath was past, Mary Magdalene and Mary the mother of James and Salome bought spices, so that they might go and anoint him. <sup>2</sup>And very early on the first day of the week, when the sun had risen, they went to the tomb. <sup>3</sup>And they were saying to one another, “Who will roll away the stone for us from the entrance of the tomb?” <sup>4</sup>And looking up, they saw that the stone had been rolled back—it was very large. <sup>5</sup>And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe, and they were alarmed. <sup>6</sup>And he said to them, “Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He has risen; he is not here. See the place where they laid him. <sup>7</sup>But go, tell his disciples and Peter that he is going before you to Galilee. There you will see him, just as he told you.” <sup>8</sup>And they went out and fled from the tomb, for trembling and astonishment had seized them, and they said nothing to anyone, for they were afraid.

**L** This is the Gospel of the Lord.

**C** Praise to You, O Christ.

**C** I believe in God, the Father Almighty,  
maker of heaven and earth.

And in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried.  
He descended into hell.  
The third day He rose again from the dead.  
He ascended into heaven

and sits at the right hand of God the Father  
Almighty.

From thence He will come to judge the living  
and the dead.

I believe in the Holy Spirit,  
the holy Christian Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.



1 Je - sus lives! The vic - t'ry's won! Death no long - er can ap -  
2 Je - sus lives! To Him the throne High a - bove all things is  
3 Je - sus lives! For me He died, Hence will I, to Je - sus  
4 Je - sus lives! I know full well Noth - ing me from Him shall



pall me; Je - sus lives! Death's reign is done!  
giv - en. I shall go where He is gone,  
liv - ing, Pure in heart and act a - bide,  
sev - er. Nei - ther death nor pow'rs of hell



From the grave will Christ re - call me. Bright - er  
Live and reign with Him in heav - en. God is  
Praise to Him and glo - ry giv - ing. All I  
Part me now from Christ for - ev - er. God will



scenes will then com - mence; This shall be my con - fi - dence.  
faith - ful; doubt - ings, hence! This shall be my con - fi - dence.  
need God will dis - pense; This shall be my con - fi - dence.  
be my sure de - fense; This shall be my con - fi - dence.

Jesus lives! And now is death  
But the gate of life immortal;  
This shall calm my trembling breath  
When I pass its gloomy portal.  
Faith shall cry, as fails each sense:  
Jesus is my confidence!

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### Devotional thoughts:

The last two years have proven this abiding truth: No one can predict the future. This pandemic is dragging on. But we have come a long way.

Pharmaceutical companies have developed vaccines. Hospitals are better equipped to treat Covid-19 patients. Yet looking back, I am dismayed to discover how many Americans have died.

When this began, I thought that we would be back in church by June. Ha, ha, ha! That's how good I am at predicting the future. At Christmas, I told my mother that we would go to church together on Easter. That didn't turn out to be true either. Yes, I am in church today celebrating the Resurrection of our Lord, but my

mother is celebrating Easter again this year with angels and archangels and all the company of heaven including my father and all of her loved ones who have gone before.

On Palm Sunday, no one would have predicted the events of Holy Week. On Good Friday, no one could imagine the empty tomb on Sunday.

And so, Mary Magdalene and Mary the mother of James and Salome begin the solemn task of properly anointing Jesus' body for burial. There hadn't been time on Friday. No work could be done after sunset. They were required to hastily bury Jesus in a nearby tomb. Now they would lovingly fulfill their duty.

Once when I was very small, my parents got us out of bed before dark and packed us in the car on Easter. We didn't even get dressed. We drove to a sunrise service at the local drive-in theater conducted by Trinity Lutheran Church in St. Joseph, Michigan. That experience comes to mind every Easter. It stirs in me thought of the women going to the tomb on the first Easter. But for them, no joy, wonder, or excitement was involved. They steeled their hearts for the grim task at hand.

They were undeterred from their mission. Rising before dawn, they prepared themselves and set out for the tomb at first light. One obstacle remained. A large stone in front of the tomb blocked their way to tenderly caring for Jesus' body.

You may remember seeing pictures of the stone in front of Jesus' tomb. My first memory of this was on a Sunday school flier. Amazingly enough, the real first-century tombs in the Holy Land look just like the pictures! The massive circular stone was too large for them to move. It normally would require a crew of workers to accomplish it. They must have believed that somehow the job would get done. Little could they imagine that an angel would do it for them! (Matthew 28:2).

Can you visualize the looks on their faces when they saw that the stone was rolled away? If a video of their expressions was available, it would be all over the internet as the empty tomb first came into view!

Reading all four Gospel accounts leads me to conclude that it must have been a confusing situation. What was going through their minds? Should we go inside? Should we tell the disciples? What will we find?

Did they rush to enter the tomb? Were they hesitant as they scanned the area for guards? No one knows but eventually, in they went!

There they saw the most wonderful thing in the world, an empty tomb and an angel declaring, "Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He has risen; he is not here. See the place where they laid him."

A few times in my life, I have heard absolutely amazing news. If I were there, I can picture myself asking, "Could you repeat that?" "Are you sure?" "This can't be true." No wonder that trembling and astonishment seized them.

To help paint the picture let's look at the images described by the Greek words for trembling and astonishment. Trembling is an apt translation. It communicates the idea of shaking or quaking with fear. Have you seen people like that? I have. Their whole body uncontrollably shakes and trembles.

The Greek word translated astonishment brings to mind the idea that everything is "thrown out of place." Reality has changed. Nothing is where it should be!

That is exactly what has happened! He has risen; He is not here. "Death is swallowed up in victory" (1 Corinthians 15:54).

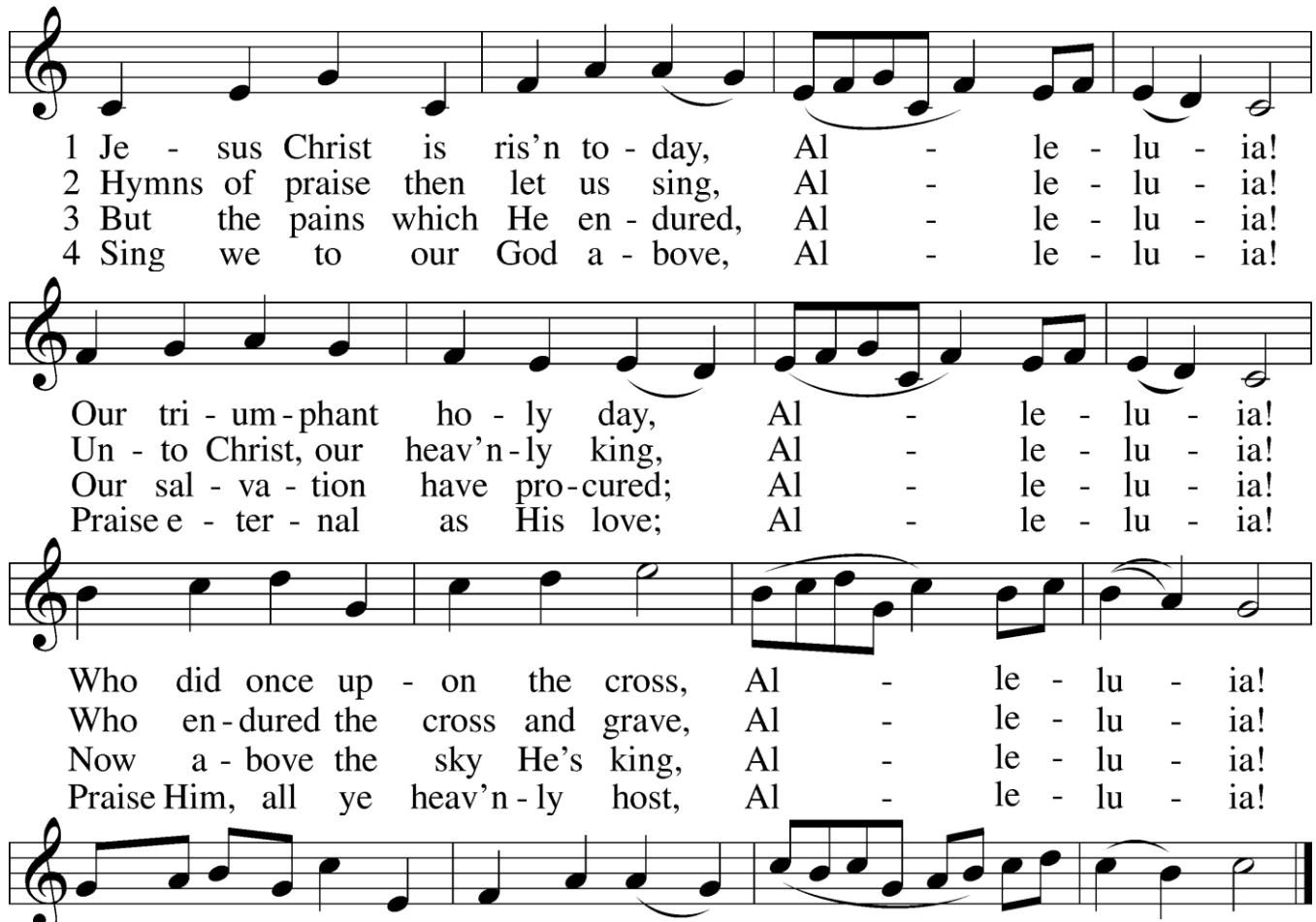
Jesus lives! The vict'ry's won!  
Death no longer can appall me;  
Jesus lives! Death's reign is done!  
From the grave will Christ recall me.  
Brighter scenes will then commence;  
This shall be my confidence.

Jesus Lives! The Victory's Won. LSB 490, Stanza 1  
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God's richest blessings to you in Christ.

“Rejoice in the Lord always; again I will say, rejoice. Let your reasonableness be known to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus” (Philippians 4:4-7).

**Jesus Christ Is Risen Today** Lutheran Service Book 457, Lutheran Worship 127, The Lutheran Hymnal 199



1 Je - sus Christ is ris'n to - day, Al - le - lu - ia!  
 2 Hymns of praise then let us sing, Al - le - lu - ia!  
 3 But the pains which He en - dured, Al - le - lu - ia!  
 4 Sing we to our God a - bove, Al - le - lu - ia!

Our tri - um - phant ho - ly day, Al - le - lu - ia!  
 Un - to Christ, our heav'n - ly king, Al - le - lu - ia!  
 Our sal - va - tion have pro - cured; Al - le - lu - ia!  
 Praise e - ter - nal as His love; Al - le - lu - ia!

Who did once up - on the cross, Al - le - lu - ia!  
 Who en - dured the cross and grave, Al - le - lu - ia!  
 Now a - bove the sky He's king, Al - le - lu - ia!  
 Praise Him, all ye heav'n - ly host, Al - le - lu - ia!

Suf - fer to re - deem our loss. Al - le - lu - ia!  
 Sin - ners to re - deem and save. Al - le - lu - ia!  
 Where the an - gels ev - er sing. Al - le - lu - ia!  
 Fa - ther, Son, and Ho - ly Ghost. Al - le - lu - ia!

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**L** Let us pray. On this holy day of the celebration of the Resurrection of our Lord we rejoice at the perfect healing of body and soul that awaits us in our resurrection and in the life of the world to come. In our present distress we pray that in Your way, in Your time, and according to Your will that you would give healing and strength to those who are sick, protect those who care for them, and grant us steady minds and calm hearts in the face of fear. Comfort and protect those we hold dear in our hearts and especially those who are far from us. Keep us in this faith and embolden us in love; through Jesus Christ, our Lord.

**G** Amen.



**L** Comfort those who mourn with the truth of Christ's empty tomb, that in the midst of their grief they may abide in the hope of His resurrection. Uphold them in faith as they await the day when You will wipe every tear from all faces.

**C** Amen.

**C** I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

**C** Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven; give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen.

**L** Let us bless the Lord.

**C** Thanks be to God.

**L** The Lord bless us, defend us from all evil, and bring us to everlasting life.

**C** Amen.

**I Know That My Redeemer Lives** Lutheran Service Book 461, Lutheran Worship 264, The Lutheran Hymnal 200

1 I know that my Re - deem - er lives; What com-fort  
2 He lives tri - um - phant from the grave; He lives e -  
3 He lives to bless me with His love; He lives to  
4 He lives to grant me rich sup - ply; He lives to

this sweet sen - tence gives! He lives, He lives, who  
ter - nal - ly to save; He lives all - glo - rious  
plead for me a - bove; He lives my hun - gry  
guide me with His eye; He lives to com - fort

once was dead; He lives, my ev - er - liv - ing head.  
in the sky; He lives ex - alt - ed there on high.  
soul to feed; He lives to help in time of need.  
me when faint; He lives to hear my soul's com - plaint.

5 He lives to silence all my fears;  
He lives to wipe away my tears;

He lives to calm my troubled heart;  
He lives all blessings to impart.

- 6 He lives, my kind, wise, heav'nly friend;  
He lives and loves me to the end;  
He lives, and while He lives, I'll sing;  
He lives, my Prophet, Priest, and King.
- 7 He lives and grants me daily breath;  
He lives, and I shall conquer death;

He lives my mansion to prepare;  
He lives to bring me safely there.

- 8 He lives, all glory to His name!  
He lives, my Jesus, still the same;  
Oh, the sweet joy this sentence gives:  
I know that my Redeemer lives!

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### **Service Notes:**

One person may serve as Leader or this may be shared with a number of individuals.

Read one or more of the lessons. Hymns may be sung or read. Use as much or little of this service as you would like.

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# Enhancing Your Worship

## Meditating on God's Word and Works

I will meditate on your wondrous works. Psalm 119:27  
My eyes are awake through the night watches,  
That I may meditate on Your word. Psalm 119:148 NKJV

Most modern forms of mediation turn a person inward. Biblical meditation turns a person outward toward what God has said and done especially what He has said and done through Jesus for our salvation.

### Easter Week

#### April 18 – 23, 2022

Early in my ministry church workers who grew up in the first half of the twentieth century would ask if I had ever gone to church on Easter Monday. I was surprised to learn that there was a time when Lutherans would gather in church to worship on Easter Monday.

Examining The Lutheran Hymnal, I learned that lessons and propers were appointed for Easter Monday and Easter Tuesday. Lutheran Worship does not have propers for Easter week. What about Lutheran Service Book? It contains lessons and propers for Easter Tuesday and Easter Wednesday.

Now I was curious! I discovered that in the Eastern Orthodox Church the week following Easter (which for them is May 2 this year) is Bright Week with special services and lessons each day of the week. Bright Week refers to the light Jesus brought into the world. During Bright Week, fasting is strictly forbidden! Each service in Bright Week is really a continuation of the Festival of the Resurrection. In the Ukrainian Catholic Church Bright Week services are the most heavily attended liturgies of the year. On Easter Monday (Bright Monday) there is a special remembrance of baptism when we were connected to Jesus' death and resurrection.

In services throughout the week the people are greeted with "Christ is risen!" and they respond "He is risen indeed!" (Modern Lutherans sometimes add "Alleluia" to this greeting which we have adopted from them.)

### Easter Monday

#### Awake, My Heart, with Gladness - 1

Awake, my heart, with gladness,  
See what today is done;  
Now, after gloom and sadness,  
Comes forth the glorious sun.  
My Savior there was laid  
Where our bed must be made  
When to the realms of light  
Our spirit wings its flight.

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**L** Christ is Risen!  
**C** His is Risen indeed! Alleluia!

**L** In the name of the Father and of the Son and of the Holy Spirit.  
**C** Amen.

**L** The Lord has brought you to a land flowing with milk and honey, Alleluia!  
**C** O Lord, open my lips, and my mouth will declare your praise, Alleluia! Alleluia! (Exodus 3:8; Ps. 51:15)

**L** Oh give thanks to the Lord; call upon his name,  
**C** make known his deeds among the peoples!

(Psalm 105:1)

### **Luke 24:13-35**

<sup>13</sup> That very day two of them were going to a village named Emmaus, about seven miles from Jerusalem, <sup>14</sup> and they were talking with each other about all these things that had happened. <sup>15</sup> While they were talking and discussing together, Jesus himself drew near and went with them. <sup>16</sup> But their eyes were kept from recognizing him. <sup>17</sup> And he said to them, "What is this conversation that you are holding with each other as you walk?" And they stood still, looking sad. <sup>18</sup> Then one of them, named Cleopas, answered him, "Are you the only visitor to Jerusalem who does not know the things that have happened there in these days?" <sup>19</sup> And he said to them, "What things?" And they said to him, "Concerning Jesus of Nazareth, a man who was a prophet mighty in deed and word before God and all the people, <sup>20</sup> and how our chief priests and rulers delivered him up to be condemned to death, and crucified him. <sup>21</sup> But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things happened. <sup>22</sup> Moreover, some women of our company amazed us. They were at the tomb early in the morning, <sup>23</sup> and when they did not find his body, they came back saying that they had even seen a vision of angels, who said that he was alive. <sup>24</sup> Some of those who were with us went to the tomb and found it just as the women had said, but him they did not see." <sup>25</sup> And he said to them, "O foolish ones, and slow of heart to believe all that the prophets have spoken! <sup>26</sup> Was it not necessary that the Christ should suffer these things and enter into his glory?" <sup>27</sup> And beginning with Moses and all the Prophets, he interpreted to them in all the Scriptures the things concerning himself.

<sup>28</sup> So they drew near to the village to which they were going. He acted as if he were going farther, <sup>29</sup> but they urged him strongly, saying, "Stay with us, for it is toward evening and the day is now far spent." So he went in to stay with them. <sup>30</sup> When he was at table with them, he took the bread and blessed and broke it and gave it to them. <sup>31</sup> And their eyes were opened, and they recognized him. And he vanished from their sight. <sup>32</sup> They said to each other, "Did not our hearts burn within us while he talked to us on the road, while he opened to us the Scriptures?" <sup>33</sup> And they rose that same hour and returned to Jerusalem. And they found the eleven and those who were with them gathered together, <sup>34</sup> saying, "The Lord has risen indeed, and has appeared to Simon!" <sup>35</sup> Then they told what had happened on the road, and how he was known to them in the breaking of the bread.

How appropriate for us to read about two disciples encountering Jesus on the road to Emmaus. Like so many of us, they are having an academic discussion about Jesus and the things that happened surrounding His death and empty tomb. Their hearts were not yet touched by the resurrection.

They considered Jesus to be a prophet who was mighty in word and deed. They knew that He was unjustly condemned and executed by the religious and civil authorities. But for them, that's the end of the story. Their dreams for a restored nation of Israel were dashed upon the mount of Calvary. Golgotha brought their Palm Sunday ambitions to an end.

They heard the report of an empty tomb, of angels, and the message that Jesus was alive. But their hearts were empty. They foolishly discounted what the women said.

We are also often slow of heart to believe all that the prophets have spoken. Americans are quick to believe every rumor on the internet or every television pundit, but we are slow to believe the word of God! Yet it is the Scriptures where we find reality and truth and they point to Jesus as the savior!

In the generation before me at the seminary, I was told that students were required to use the Old Testament to show God's plan of salvation in Christ. They were to do this three times, once from the Five Books of Moses, once from the Psalms, and once from the Prophets! If you would like to try this exercise, you might want to start with Isaiah 53 or Psalm 22.

Ultimately, the Holy Spirit worked on the hearts of these two disciples on the road to Emmaus. Their eyes were opened. They recognized the resurrected Jesus and believed in Him.

May the Holy Spirit use Holy Scriptures to open our eyes to see our resurrected Lord and Savior, Jesus Christ, and trust in Him for our salvation.

Prayer: Almighty God, through the resurrection of Your Son, You grant eternal life to us and all believers. We pray that the Holy Spirit would touch our hearts and the hearts of our unbelieving friends that they may share with us in the joy of Easter, the forgiveness of sins, and the gift of eternal life. During this time of national and personal distress, grant to us the peace of God that surpasses all understanding through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

## Easter Tuesday

### Awake, My Heart, with Gladness - 2

The foe in triumph shouted  
When Christ lay in the tomb;  
But lo, he now is routed,  
His boast is turned to gloom.  
For Christ again is free;  
In glorious victory  
He who is strong to save  
Has triumphed o'er the grave.

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**L** Christ is Risen!  
**C** His is Risen indeed! Alleluia!

**L** In the name of the Father and of the Son and of the Holy Spirit.  
**C** Amen.

**L** The Lord has brought you to a land flowing with milk and honey, Alleluia!  
**C** O Lord, open my lips, and my mouth will declare your praise, Alleluia! Alleluia! (Exodus 3:8; Ps. 51:15)  
**L** Oh give thanks to the Lord; call upon his name,  
**C** make known his deeds among the peoples! (Psalm 105:1)

**Introit** *Psalm 118:13–14, 17–18, 29; antiphon: Psalm 118:17*

I shall not die, but I shall live,  
and recount the deeds of the Lord.

**I was pushed hard, so that I was falling,  
but the Lord helped me.**

The Lord is my strength and my song;  
he has become my salvation.

**I shall not die, but I shall live,  
and recount the deeds of the Lord.**

The Lord has disciplined me severely,  
but he has not given me over to death.

**Oh give thanks to the Lord, for he is good;  
for his steadfast love endures forever!**

**Glory be to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning,  
is now, and will be forever. Amen.**

I shall not die, but I shall live,  
and recount the deeds of the Lord.

## **Luke 24:36–49**

<sup>36</sup>As they were talking about these things, Jesus himself stood among them, and said to them, “Peace to you!” <sup>37</sup>But they were startled and frightened and thought they saw a spirit. <sup>38</sup>And he said to them, “Why are you troubled, and why do doubts arise in your hearts? <sup>39</sup>See my hands and my feet, that it is I myself. Touch me, and see. For a spirit does not have flesh and bones as you see that I have.” <sup>40</sup>And when he had said this, he showed them his hands and his feet. <sup>41</sup>And while they still disbelieved for joy and were marveling, he said to them, “Have you anything here to eat?” <sup>42</sup>They gave him a piece of broiled fish, <sup>43</sup>and he took it and ate before them.

<sup>44</sup>Then he said to them, “These are my words that I spoke to you while I was still with you, that everything written about me in the Law of Moses and the Prophets and the Psalms must be fulfilled.” <sup>45</sup>Then he opened their minds to understand the Scriptures, <sup>46</sup>and said to them, “Thus it is written, that the Christ should suffer and on the third day rise from the dead, <sup>47</sup>and that repentance and forgiveness of sins should be proclaimed in his name to all nations, beginning from Jerusalem. <sup>48</sup>You are witnesses of these things. <sup>49</sup>And behold, I am sending the promise of my Father upon you. But stay in the city until you are clothed with power from on high.”

How is your memory? Mine is good. It’s just short.

That’s a joke I learned long ago. Unfortunately, it is becoming more true each day.

If you know me, you know that I am never at a lack for words. I’ve always got something to say but maybe not everything I say is worth saying.

When I prepare a sermon, I always want what I say to be something worth saying. I want it to be what God wants me to say. Sermons are not a time for rambling. They are a time for talking about Jesus.

When I prepare a sermon, sometimes I do seem to be at a loss for words. I’m not sure what direction to go with the text that is in front of me. This is when I remember sage advice from a seminary professor (whose name escapes me, ha, ha.) He said when the sermon well is dry, do a word study. That advice has served me well for almost 44 years.

Early in my ministry, I did a study on the word “peace.” This is the first word that Jesus says to His gathered disciples on the first Easter evening. “Peace to you!”

When most people read the word peace they think of the definitions usually given, “tranquility” or “harmony.” But an in-depth study of how the word is used in the Bible reveals so much more. The ten-volume Theological Dictionary of the New Testament edited by Gerhard Kittel has an extensive article on the Greek word “peace.”

There I discovered that when “peace” is used as a greeting, it is a desire that you would receive all the blessings that come from living in the time when God reigns. It is the time when a lamb and lion lie down together. It is a time when salvation is fully realized.

The peace that Jesus uses to greet the disciples is the peace that He won for us on the cross. It is “the peace of God, which surpasses all understanding” (Philippians 4:7).

Prayer: Almighty God, through the resurrection of Your Son You have secured peace for our troubled consciences. Through all the uncertainties of this present national crisis, keep us from anxiety and worry. Grant us this peace evermore that trusting in the merit of Your Son we may come at last to the perfect peace of heaven; through the same Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

## Easter Wednesday

### Awake, My Heart, with Gladness - 3

This is a sight that gladdens—  
What peace it doth impart!  
Now nothing ever saddens  
The joy within my heart.  
No gloom shall ever shake,  
No foe shall ever take  
The hope which God's own Son  
In love for me has won.

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**L** Christ is Risen!

**C** His is Risen indeed! Alleluia!

**L** In the name of the Father and of the Son and of the Holy Spirit.

**C** Amen.

**L** The Lord has brought you to a land flowing with milk and honey, Alleluia!

**C** O Lord, open my lips, and my mouth will declare your praise, Alleluia! Alleluia! (Exodus 3:8; Ps. 51:15)

**L** Oh give thanks to the Lord; call upon his name,

**C** make known his deeds among the peoples!

(Psalm 105:1)

### Psalm 61

<sup>1</sup>Hear my cry, O God, listen to my prayer;

<sup>2</sup>**from the end of the earth I call to you when my heart is faint. Lead me to the rock that is higher than I,**

<sup>3</sup>for you have been my refuge, a strong tower against the enemy.

<sup>4</sup>**Let me dwell in your tent forever! Let me take refuge under the shelter of your wings!**

<sup>5</sup>For you, O God, have heard my vows; you have given me the heritage of those who fear your name.

<sup>6</sup>**Prolong the life of the king; may his years endure to all generations!**

<sup>7</sup>May he be enthroned forever before God; appoint steadfast love and faithfulness to watch over him!

<sup>8</sup>**So will I ever sing praises to your name, as I perform my vows day after day.**

**Glory be to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning, is now, and will be forever. Amen.**

### John 21:1–14

<sup>1</sup>After this Jesus revealed himself again to the disciples by the Sea of Tiberias, and he revealed himself in this way. <sup>2</sup>Simon Peter, Thomas (called the Twin), Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples were together. <sup>3</sup>Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat, but that night they caught nothing.

<sup>4</sup>Just as day was breaking, Jesus stood on the shore; yet the disciples did not know that it was Jesus. <sup>5</sup>Jesus said to them, "Children, do you have any fish?" They answered him, "No." <sup>6</sup>He said to them, "Cast the net on the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in, because of the quantity of fish. <sup>7</sup>That disciple whom Jesus loved therefore said to Peter, "It is the Lord!" When Simon Peter heard that it was the Lord, he put on his outer garment, for he was stripped for work, and threw himself into the sea. <sup>8</sup>The other disciples came in the boat, dragging the net full of fish, for they were not far from the land, but about a hundred yards off.

<sup>9</sup>When they got out on land, they saw a charcoal fire in place, with fish laid out on it, and bread. <sup>10</sup>Jesus said to them, "Bring some of the fish that you have just caught." <sup>11</sup>So Simon Peter went aboard and hauled the net ashore, full of large fish, 153 of them. And although there were so many, the net was not torn. <sup>12</sup>Jesus said to

them, “Come and have breakfast.” Now none of the disciples dared ask him, “Who are you?” They knew it was the Lord. <sup>13</sup>Jesus came and took the bread and gave it to them, and so with the fish. <sup>14</sup>This was now the third time that Jesus was revealed to the disciples after he was raised from the dead.

This account of Jesus, Peter, Thomas, Nathanael, James, John, and two other disciples fishing is one that takes on a new perspective for me after visiting Israel. Of course, the Bible doesn’t report exactly where this happened but Bible scholars have been able to make a fairly good estimate of its location.

Just about a mile and a half down the shore from Capernaum is a place called Tabigha. Here a number of warm springs enter the Sea of Galilee and make it a favorite fishing spot. Near there you will find a very large rock on the shore. If you pause for a moment you can imagine Jesus standing on that rock and shouting to the fishermen.

One of my favorite fishing spots (like any other fisherman, I won’t tell you exactly where) is a drop-off 100 yards offshore. I have spent many hours fishing there. It’s not unusual for someone from my family to come down to the shore and yell, “Did you catch anything?” And so they recreate the scene describing Jesus in John 21:5.

No, they had toiled all night without catching any fish. At Jesus’ directing, they cast their net to the right side of the boat and catch such a great quantity of fish that they are unable to haul it in! John realized that this had happened before and tells Peter, “It is the Lord!” Without hesitation, Peter swam to see Jesus.

There are so many times we go about our daily lives unmindful of Jesus’ presence. We toil and struggle without much success. Yet even in these times, Jesus has not forgotten us. He reveals himself to us in word and sacrament.

He does more than nourish our bodies with bread and fish. He nourishes our souls with the refreshments of forgiveness, life, and salvation.

Prayer: Almighty God, by the glorious resurrection of Your Son, Jesus Christ, You destroyed death and brought life and immortality to light. Grant that we, who have been raised with Him, may abide in His presence and rejoice in the hope of eternal glory; let us never become dismayed with the uncertain details of life here on earth through the same Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

## Easter Thursday

### Awake, My Heart, with Gladness - 4

Now hell, its prince, the devil,  
Of all their pow’r are shorn;  
Now I am safe from evil,  
And sin I laugh to scorn.  
Grim death with all its might  
Cannot my soul affright;  
It is a pow’rless form,  
Howe’er it rave and storm.

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**L** Christ is Risen!  
**C** His is Risen indeed! Alleluia!

**L** In the name of the Father and of the Son and of the Holy Spirit.  
**C** Amen.

**L** The Lord has brought you to a land flowing with milk and honey, Alleluia!  
**C** O Lord, open my lips, and my mouth will declare your praise, Alleluia! Alleluia! (Exodus 3:8; Ps. 51:15)  
**L** Oh give thanks to the Lord; call upon his name,  
**C** make known his deeds among the peoples!

(Psalm 105:1)



## **Psalm 118:14-17**

<sup>14</sup> The Lord is my strength and my song; he has become my salvation.

<sup>15</sup> **Glad songs of salvation are in the tents of the righteous:**

**“The right hand of the Lord does valiantly,**

<sup>16</sup> the right hand of the Lord exalts, the right hand of the Lord does valiantly!”

<sup>17</sup> **I shall not die, but I shall live, and recount the deeds of the Lord.**

**Glory be to the Father and to the Son and to the Holy Spirit;**

**as it was in the beginning, is now, and will be forever. Amen.**

## **John 3:1-15**

<sup>3:1</sup> Now there was a man of the Pharisees named Nicodemus, a ruler of the Jews. <sup>2</sup> This man came to Jesus by night and said to him, “Rabbi, we know that you are a teacher come from God, for no one can do these signs that you do unless God is with him.” <sup>3</sup> Jesus answered him, “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.” <sup>4</sup> Nicodemus said to him, “How can a man be born when he is old? Can he enter a second time into his mother's womb and be born?” <sup>5</sup> Jesus answered, “Truly, truly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. <sup>6</sup> That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. <sup>7</sup> Do not marvel that I said to you, ‘You must be born again.’ <sup>8</sup> The wind blows where it wishes, and you hear its sound, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.”

<sup>9</sup> Nicodemus said to him, “How can these things be?” <sup>10</sup> Jesus answered him, “Are you the teacher of Israel and yet you do not understand these things? <sup>11</sup> Truly, truly, I say to you, we speak of what we know, and bear witness to what we have seen, but you do not receive our testimony. <sup>12</sup> If I have told you earthly things and you do not believe, how can you believe if I tell you heavenly things? <sup>13</sup> No one has ascended into heaven except he who descended from heaven, the Son of Man. <sup>14</sup> And as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, <sup>15</sup> that whoever believes in him may have eternal life.

On Easter Thursday or Bright Thursday, John 3:1-15 is read every year in the Ukrainian Catholic Church. This familiar account of Nicodemus coming at night to Jesus is particularly appropriate for Easter week. It reminds us of the connection between baptism and the resurrection.

You may recall that baptism is strongly connected to Lent and our need for repentance. Luther rightly reminds us that repentance is simply returning to our baptism every day!

We read in Luther's Small Catechism:

### **What does such baptizing with water indicate?**

It indicates that the Old Adam in us should by daily contrition and repentance be drowned and die with all sins and evil desires, and that a new man should daily emerge and arise to live before God in righteousness and purity forever.

### **Where is this written?**

St. Paul writes in Romans chapter six: “We were therefore buried with Him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.” (Rom. 6:4)

Easter also reminds us of the second part of baptism, the daily rising to new life. In fact, Easter is a special time for us to remember the connection between baptism and eternal life which we also find in the Small Catechism.

### **What benefits does Baptism give?**

It works forgiveness of sins, rescues from death and the devil, and gives eternal salvation to all who believe this, as the words and promises of God declare.

### **Which are these words and promises of God?**

Christ our Lord says in the last chapter of Mark: “Whoever believes and is baptized will be saved, but whoever does not believe will be condemned.” (Mark 16:16)

Jesus rescued us from death and the devil on the cross and gives us eternal salvation through faith. The Holy Spirit works this faith in us through word and sacrament. The connection between our salvation and baptism is so strong that the Apostle Peter writes, “Baptism doth also now save us” and he goes on to say, “by the resurrection of Jesus Christ” (1 Peter 3:21 KJV).

In fact, the connection between Easter and baptism is found in the very shape of most baptismal fonts. Have you ever counted the sides? Throughout history, you will discover that baptismal fonts have eight sides to remind us of the resurrection and new life. Because of this connection between baptism and the resurrection Eastern Orthodox Churches are built in the shape of a baptismal font, having eight sides.

Why the number eight? Jesus rose from the dead on the eighth day! On that day God began His New Creation! Wait a minute. Didn’t Jesus rise from the dead on the first day? Indeed He did. But another way to think of Easter is the eighth day because it is the day following the seventh day Sabbath when Jesus was in the tomb. (You also may have remembered that there were eight people in Noah’s family who were saved at the time of the flood.)

From the time of Jesus until now, Christians are gathered into the family of God and become partakers of the resurrection through baptism. Some like Nicodemus may ask, “How can these things be?” However, we recognize that just as God is able to bring the dead to life, the Holy Spirit is able to bring unbelievers to faith.

<sup>4</sup> But God, being rich in mercy, because of the great love with which he loved us, <sup>5</sup> even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved— <sup>6</sup> and raised us up with him and seated us with him in the heavenly places in Christ Jesus, <sup>7</sup> so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus (Ephesians 2:4-7).

Prayer: Almighty God, You protected Noah and his family in the ark. You led Your people out of slavery through the waters of the Red Sea. At His baptism in the Jordan River, You declared our Lord Jesus to be Your beloved Son. In the waters of baptism, You washed away our sin. Let us always rejoice that you have made us your baptized children, part of your family, for all eternity; through Jesus Christ, our Lord. Amen.

## Easter Friday

### Awake, My Heart, with Gladness - 5

The world against me rages,  
Its fury I disdain;  
Though bitter war it wages,  
Its work is all in vain.  
My heart from care is free,  
No trouble troubles me.  
Misfortune now is play,  
And night is bright as day.

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**L** Christ is Risen!  
**C** His is Risen indeed! Alleluia!

**L** In the name of the Father and of the Son and of the Holy Spirit.  
**C** Amen.

**L** The Lord has brought you to a land flowing with milk and honey, Alleluia!  
**C** O Lord, open my lips, and my mouth will declare your praise, Alleluia! Alleluia! (Exodus 3:8; Ps. 51:15)

**L** Oh give thanks to the Lord; call upon his name,  
**C** make known his deeds among the peoples!

(Psalm 105:1)

## **Luke 1:46-55 Mary's Song of Praise: The Magnificat**

“My soul magnifies the Lord,  
**and my spirit rejoices in God my Savior,**  
for he has looked on the humble estate of his servant.  
For behold, from now on all generations will call me blessed;  
**for he who is mighty has done great things for me,**  
**and holy is his name.**  
And his mercy is for those who fear him  
from generation to generation.  
**He has shown strength with his arm;**  
**he has scattered the proud in the thoughts of their hearts;**  
he has brought down the mighty from their thrones  
and exalted those of humble estate;  
**he has filled the hungry with good things,**  
**and the rich he has sent away empty.**  
He has helped his servant Israel,  
in remembrance of his mercy,  
**as he spoke to our fathers,**  
**to Abraham and to his offspring forever.”**

## **John 19:25b-27**

<sup>25</sup> Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. <sup>26</sup> When Jesus saw his mother and the disciple whom he loved standing nearby, he said to his mother, “Woman, behold, your son!” <sup>27</sup> Then he said to the disciple, “Behold, your mother!” And from that hour the disciple took her to his own home.

We all remember Mary at Christmas. We think of her visit from the angel Gabriel. We remember her time with Elizabeth who was soon to give birth to John the Baptist. We imagine the rigors of her trip from Nazareth to Bethlehem and then the flight into Egypt. Our hearts go out to this young woman who must place her newborn baby in a manger because there was no room for her in the inn. We think of her amazement at the arrival of shepherds and wise men. We contemplate her wonder at the words of Simeon and Anna. We resonate with her astonishment at hearing her twelve-year-old eloquently answering difficult questions in the temple.

During the frenzied activity surrounding Jesus’ passion, we think of Judas, Caiaphas, and Pilate. We remember Peter and his sword, Malchus, the servant girl, and the rooster crowing. We see Herod looking for miracles and Simon of Cyrene carrying Jesus’ cross. We learn of the viciousness of Roman soldiers, who whip, mock, and fashion a crown of thorns. We stand in awe at the love and compassion, bravery, and nerve of Joseph of Arimathea who went to Pilate to claim Jesus’ body and properly prepare it for burial in his own new tomb.

In the middle of all this activity, among the women at the cross, we once again briefly see Mary. Christians through the centuries have imagined the agony that she must have felt at the sight of Jesus on the cross. Gone were the adoring multitudes. She heard no words of praise for her son, only mockery and disdain.

Jesus in His love and compassion for His mother provides for her future care by designating John to take His place as her son, guardian, and protector. According to church history, John was faithful to that assignment.

But on this Easter Friday, I want you to think of another event not recorded in Scripture. I want you to pause and briefly imagine the wonder, amazement, delight, and joy Mary must have experienced on that first Easter as she learned of her son’s resurrection. As hard as it is for us to picture her pain at the cross, it is even more incredible to envision her delight at the resurrection.

The last time Mary is mentioned in the Bible is in Acts chapter 1 after Jesus’ ascension into heaven. Her life would never be the same. Her son had accomplished His task. He had paid for the sins of the world and redeemed all of us from death and the devil. She could live the remainder of her life with the sure and certain hope of the resurrection.

This Easter Friday is not like Good Friday. Easter Friday is a day of joy. Easter Friday is a day of celebration. Easter Friday is a day to join with Mary and all the witnesses of the resurrection to rejoice in the gift of eternal life from God our Savior.

Prayer: Almighty God, You provided your Son with an earthly mother and family. We thank you for the families in which you have placed us. We pray today that you would shower your blessings upon our families and loved ones and grant to us the joy of knowing that we will one day join in the resurrection with our brother Jesus and all our brothers and sisters in Christ; through Jesus Christ, our Lord. Amen.

## Easter Saturday

### Awake, My Heart, with Gladness – 6, 7

Now I will cling forever  
To Christ, my Savior true;  
My Lord will leave me never,  
Whate'er He passes through.  
He rends death's iron chain;  
He breaks through sin and pain;  
He shatters hell's grim thrall;  
I follow Him through all.

He brings me to the portal  
That leads to bliss untold,  
Whereon this rhyme immortal  
Is found in script of gold:  
"Who there My cross has shared  
Finds here a crown prepared;  
Who there with Me has died  
Shall here be glorified."

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**L** Christ is Risen!

**C** His is Risen indeed! Alleluia!

**L** In the name of the Father and of the Son and of the Holy Spirit.

**C** Amen.

**L** The Lord has brought you to a land flowing with milk and honey, Alleluia!

**C** O Lord, open my lips, and my mouth will declare your praise, Alleluia! Alleluia! (Exodus 3:8; Ps. 51:15)

**L** Oh give thanks to the Lord; call upon his name,

**C** make known his deeds among the peoples!

(Psalm 105:1)

## Psalm 92:1-5

<sup>92:1</sup> It is good to give thanks to the Lord,

to sing praises to your name, O Most High;

<sup>2</sup> to declare your steadfast love in the morning, and your faithfulness by night,

<sup>3</sup> to the music of the lute and the harp, to the melody of the lyre.

<sup>4</sup> For you, O Lord, have made me glad by your work; at the works of your hands I sing for joy.

<sup>5</sup> How great are your works, O Lord! Your thoughts are very deep!

Glory be to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning, is now, and will be forever. Amen.

## Matthew 28:1-10

<sup>28:1</sup> Now after the Sabbath, toward the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the tomb. <sup>2</sup> And behold, there was a great earthquake, for an angel of the Lord descended from heaven and came and rolled back the stone and sat on it. <sup>3</sup> His appearance was like lightning, and his clothing white as snow. <sup>4</sup> And for fear of him the guards trembled and became like dead men. <sup>5</sup> But the angel said to the women, “Do not be afraid, for I know that you seek Jesus who was crucified. <sup>6</sup> He is not here, for he has risen, as he said. Come, see the place where he lay. <sup>7</sup> Then go quickly and tell his disciples that he has risen from the dead, and behold, he is going before you to Galilee; there you will see him. See, I have told you.” <sup>8</sup> So they departed quickly from the tomb with fear and great joy, and ran to tell his disciples. <sup>9</sup> And behold, Jesus met them and said, “Greetings!” And they came up and took hold of his feet and worshiped him. <sup>10</sup> Then Jesus said to them, “Do not be afraid; go and tell my brothers to go to Galilee, and there they will see me.”

On the seventh day of creation, God rested. In order to commemorate this day, God commanded the people of the Old Testament to do no work but to rest on the seventh day. Over time, rabbis developed strict rules regarding what constituted work and therefore what was prohibited on the Sabbath. One day Jesus and His disciples were walking along a path. Grain was hanging over the path and his disciples were eating it (Matthew 12:1-8). When the Pharisees saw it, they said to him, “Look, your disciples are doing what is not lawful to do on the Sabbath.” According to their interpretation of the Sabbath law even casually picking grain and eating it as you walked along was considered work.

To this day you will discover surprising Sabbath regulations. In Israel, our hotel had a “Sabbath elevator.” On Saturday this elevator automatically stopped at every floor and opened the door continuously throughout the day. Why? So no one would have to push a button on the Sabbath.

In the dining room of our hotel, olives were served at every meal. But the only day that pitted olives were served was Saturday. Even removing the pit from an olive was deemed to be work by their Sabbath interpretation.

For us Christians, who live in the light of the New Testament, things are different. We no longer are required to observe the Sabbath laws of the Old Testament. Why? Because Jesus is our Sabbath rest!

The Apostle Paul writes, “Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. These are a shadow of the things to come, but the substance belongs to Christ (Colossians 2:16-17).

All the Old Testament ceremonial regulations have come to an end because they were fulfilled in Christ. We no longer must follow the Old Testament dietary restrictions. Why? They were fulfilled in Christ. We no longer need to sacrifice lambs or turtle doves. Why? They were fulfilled in Christ, the perfect sacrifice. We no longer observe Old Testament religious festivals. Why? They were fulfilled in Christ. We no longer must worship on Saturday and follow the Old Testament Sabbath laws. Why? They were fulfilled in Christ.

Sabbath means rest. Jesus is our true and complete rest.

The strife is o’er, the battle done;  
Now is the victor’s triumph won;  
Now be the song of praise begun.  
Alleluia!

On that first Saturday following Jesus’ resurrection, it was the first time that God’s people could enjoy true rest on a Sabbath. Jesus had come and completely fulfilled for us all the requirements of the law. We now may really rest from our labors.

Unfortunately, some Christians continue to allow themselves to be bound by the Old Testament ceremonial laws. Pray that they will one day see Jesus as He truly is, our Sabbath rest. Our Sunday worship reflects this wonderful rest that comes to us in Jesus’ resurrection from the dead on that first Easter Sunday. We rejoice that because of His victory we will one day rest in peace in His loving arms for all eternity.

Prayer: Almighty God, You sent your only-begotten Son into the world to fulfill for us all the requirements of Your holy law. We thank and praise You that every day we can enjoy our Sabbath rest because Jesus is our Savior and grants us His peace. Comfort us with this peace during these times of uncertainty and trials of physical isolation and distress; through Jesus Christ, our Lord. Amen.

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